



424 College Street
 Beloit, Wisconsin 53511
 P. 608 362 3683
 beloitmealsonwheels.org

MEAL CANCELLATIONS

Please call office by
**10am the Day Before Meal
 Delivery; and by 10am
 Thursday for Weekend
 & Monday Meal Delivery**

WEEKEND FROZEN MEALS

include a complementary bag
 and are delivered on Sat. & Sun.
 Clients will need to follow
 microwave heating directions
 on package

**MENU IS SUBJECT
 TO CHANGE WITHOUT
 NOTICE**

**THERE ARE
 NO
 SUBSTITUTIONS**



August 2022 - Hot Meals

Meals are delivered between 11am - 12:30pm daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
BAKED HAM WGR WHEAT BREAD - 1 CHEESY POTATOES GREEN BEANS PINEAPPLE TIDBITS	ITAL. CHIX SALAD W\GREENS CARROTS, EGGS, CUKES TOMATOES, CHEESE WGR DINNER ROLL \ BUTTER FRUIT JUICE	BAKED CHICKEN QTR MASHED POT/GRAVY BROCCOLI WGR DINNER ROLL PEACHES	MUSHROOM SWISS BURGER ON WGR BUN BUTTERED RED POT. BAKED BEANS APRICOTS	FISH PATTY MAC & CHEESE WGR BUN CALIF. BLEND VEGGIES STRAWBERRY APPLESC. TARTAR SAUCE
8	9	10	11	12
JUMBO HOT DOG WGR BUN POTATO WEDGES BAKED BEANS PEACHES KETCHUP/MUSTARD	CHICKEN CAESAR SALAD GREENS, TOMATOES CUKES, , PARM.CHEESE WGR DINNER ROLL \ BUTTER FRUIT JUICE	SPAGHETTI W \ MEATSAUCE GREEN BEANS CAULIFLOWER WGR GARLIC BREAD APRICOTS	HOT TURKEY SAND. MASHED POT/GRAVY MIXED VEGETABLES WGR WHEAT BREAD CHERRY CRISP	CHICKEN TACO WGR FLOUR TORTILLA LETTUCE\TOMATO SPANISH RICE \ BEANS FRESH FRUIT
15	16	17	18	19
CHICKEN PARMESAN PASTA W/ MARINARA SICILIAN BLEND VEG WGR DINNER ROLL DICED PEARS	CHEF SALAD W\GREENS TURKEY & HAM CUKES, EGGS, TOM, CHEESE WGR DINNER ROLL \ BUTTER MANDARIN ORANGES	POLISH SAUSAGE SAUERKRAUT POTATO WEDGES BAKED BEANS CHILLED APPLESAUCE WGR HOT DOG BUN	CHEESE OMELETT SAUSAGE PATTIES WGR BLUEBERRY MUFFIN HOT PEACHES	PEPPER STEAK MASHED POT/GRAVY GLAZED CARROTS WGR WHEAT BREAD PINEAPPLE TIDBITS
22	23	24	25	26
HAMBURGER PATTY WGR WHEAT BUN MAC & CHEESE CALIF. BLEND VEGGIES DICED PEARS	BBQ CHIX BREAST CHEESY POTATOES SEAS. GREEN BEANS WGR DINNER ROLL FRUIT COCKTAIL	BAKED PORK CHOP MASHED POT/GRAVY CALIF. BLEND VEG. WGR WHEAT BREAD I APPLESAUCE	SWEET AND SOUR MEATBALLS FLUFFY RICE BLENDED VEGGIES WGR DINNER ROLL APPLE CRISP	TROPICAL CHIX SALAD CUCUMBER SLICES WGR CROISSANT MANDARIN ORANGES
29	30	31		
BAKED CHICKEN BREAST MASHED POT \ GRAVY PEAS WGR DINNER ROLL APPLESAUCE	MEATLOAF AUGRATIN POTATOES BRUSSEL SPROUTS WGR WHEAT BREAD I DICED PEARS	ITAL. CHIX SALAD W\GREENS CARROTS, EGGS, CUKES TOMATOES, CHEESE WGR DINNER ROLL \ BUTTER FRUIT JUICE		8 oz. Low Fat Milk served with all lunches.

