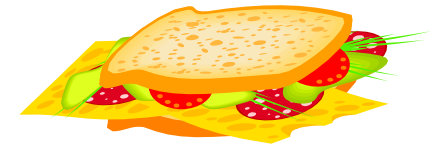




424 College Street
 Beloit, Wisconsin 53511
 P. 608 362 3683
 beloitmealsonwheels.org

August 2022 - Cold Sack Meal

Meals are delivered between 11am - 12:30pm daily



MEAL CANCELLATIONS
 Please call office by
10am the Day Before Meal Delivery
 and by 10am Thursday
 to cancel Weekend & Monday
 Meal Delivery

WEEKEND FROZEN MEALS
 include a clear complementary bag
 and are delivered on Sat. & Sun.
 Clients will need to follow
 microwave heating directions
 on package

**MENU IS SUBJECT
 TO CHANGE WITHOUT
 NOTICE**

**THERE ARE
 NO
 SUBSTITUTIONS**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
MEATLOAF WHEAT BUN CARROTS W\ DIP CITRUS FRUIT CUP	TURKEY & CHEESE WHEAT BREAD POTATO SALAD FRESH FRUIT	HAM & CHEESE WHEAT BUN CELERY STICKS FRUIT JUICE	TUNA SALAD WH. WHEAT BREAD BROCCOLI SALAD FRUIT JUICE	BAGEL W\ CREAM CHEESE BOILED EGG GRAPE JUICE FRESH ORANGE
8	9	10	11	12
PEANUT BUTTER & JELLY WHEAT BREAD SLICED BEETS FRESH FRUIT	BOILED EGG BLUEBERRY MUFFIN APPLE JUICE DICED PEARS	TUNA SALAD WHEAT BUN CARROTS W\RANCH PINEAPPLE TIDBITS	SLICED TURKEY WHEAT BREAD CRANBERRY SAUCE FRESH ORANGE	BOLOGNA,HAM,CHEESE SUB ROLL CELERY STICKS FRUIT JUICE
15	16	17	18	19
MEATLOAF WHEAT BUN CARROTS / DIP FRESH FRUIT	SLICED HAM WHEAT BREAD COLESLAW SLICED APPLES	BAGEL W\ CREAM CHEESE BOILED EGG GRAPE JUICE	EGG SALAD WHEAT BREAD CELERY STICKS FRUIT JUICE	TURKEY & SWISS WHEAT BREAD MACARONI SALAD FRESH FRUIT
22	23	24	25	26
RICE KRISPIES BOILED EGG ORANGE JUICE PEACHES	TURKEY & SWISS WH. WHEAT BREAD POTATO SALAD FRESH FRUIT	SALAMI & BOLOGNA WHEAT BREAD CELERY W/ DIP FRUIT JUICE	CHICKEN SALAD CROISSANT CUCUMBERS\RANCH FRESH FRUIT	MEATLOAF WHEAT BUN THREE BEAN SALAD FRUIT JUICE
29	30	31		
HAM & CHEESE WHEAT BUN CARROTS W\DIP FRESH FRUIT	BOILED EGG BLUEBERRY MUFFIN APPLE JUICE DICED PEARS	SLICED TURKEY & HAM WHEAT BREAD POTATO SALAD FRESH FRUIT		8 oz. Low Fat Milk served with all lunches. 