

January 2021						
S	M	T	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Meals are delivered between 11am -12:30pm

February 2021

March 2021						
S	M	T	W	Th	F	Sa
1	2	3	4	5	6	
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 BBQ RIB PATTY WHOLE WHEAT BUN BAKED BEANS SAN FRAN BLEND PEARS	2 Groundhog Day BAKED SALMON SWEET POTATOES BROCCOLI RYE BREAD VANILLA PUDDING STRAWBERRIES	3 CREAMY CHICKEN & BROCCOLI MASHED POTATOES STEWED TOMATOES BREADSTICK FRUIT APPLESAUCE	4 CHOPPED STEAK SCALLOPED POTATOES GREEN BEANS WHOLE WHEAT BREAD ASIAN CARROT SALAD CHERRY ORCHARD BAR	5 SWEDISH MEATBALLS NOODLES CAULIFLOWER BEETS DINNER ROLL PEACHES	6 BEEF TIPS WITH RICE PILAF PEAS DINNER ROLL VANILLA PUDDING W/STRAWBERRIES
7 SHEPARD'S PIE W/ MASHED POTATOES CARROTS BREAD PUMPKIN BAR	8 BROCCOLI & CHEESE EGG BAKE BREAKFAST POTATO ASPARAGUS COTTAGE CHEESE OJ/CINN. RAISIN BREAD	9 MEATLOAF AU GRATIN POTATOES BRUSSELS SPROUTS WHOLE WHEAT BREAD PEARS	10 CHICKEN & WILD RICE BROCCOLI BEETS/WHEAT BREAD MAND. ORANGES VANILLA YOGURT SUGAR COOKIE	11 BAKED COD RED POTATOES STEWED TOMATOES RYE BREAD PEACHES CARROT CAKE	12 SALISBURY STEAK BAKED BEAN MEDLEY CARROTS WHOLE WHEAT BREAD PEARS IN JELLO	13 SCRAMBLED EGGS W/ CHEESE HASHBROWN CASS. FRENCH TOAST STICKS SYRUP FRUIT APPLESAUCE
14 Valentine's Day STUFFED SHELLS MIXED VEGGIES GARLIC BREAD WARM PEACH CRISP	15 BURGUNDY TIPS EGG NOODLES WINTER SQUASH BEETS WHOLE WHEAT BREAD MANDARIN ORANGES	16 CHICKEN & BEAN CHILI CARROTS CORNBREAD STRING CHEESE PEARS	17 MEATLESS PARMESAN BAKED COD CALIFORNIA BLEND WAX BEANS WHOLE WHEAT BREAD MANDARIN ORANGES CHOCOLATE PUDDING	18 ROAST TURKEY MASHED POTATOES CORN WHOLE WHEAT BREAD PEACHES PUMPKIN BAR	19 MEATLESS MACARONI & CHEESE GREEN BEANS WINTER BLEND VEG. COTTAGE CHEESE MELON MIX	20 GRILLED PORK CHOP TWICE BAKED POTATO GREEN BEANS BREAD CHOCOLATE PUDDING
21 BAKED HAM RED POTATOES CORN WHEAT ROLL CARROT CAKE	22 CABBAGE CASSEROLE CARROTS COTTAGE CHEESE BREADSTICK WARM PEACH CRISP	23 SAUSAGE BREAKFAST BAKE BREAKFAST POTATOES CINN. APPLESAUCE TOMATO JUICE CINN. RAISIN BREAD	24 SLOPPY JOE WHOLE WHEAT BUN BAKED BEANS BROCCOLI SLAW WARM SPICED PEARS	25 CHICKEN BREAST W/ GRAVY MASHED POTATOES ASPARAGUS/BREAD APPLE SLICES W/PB CHOC. PUDDING	26 MEATLESS HEARTY VEG. LASAGNA ROMAINE SALAD W/ITALIAN DRESSING GREEN BEANS VANILLA YOGURT	27 1/2 HAM AND CHEESE SANDWICH ON WHEAT MINISTRONE SOUP BROCCOLI MELON MIX
28 BBQ PULLED PORK MIXED VEGGIES WHEAT BUN PEARS IN JELLO						
		Please call the office with Meal Cancellations by 10am the DAY BEFORE MEAL DELIVERY and by 10am FRIDAY FOR WEEKEND MEAL DELIVERY 608-362-3683			Notes:	

