

June '20						
S	M	T	W	Th	F	Sa
1	2	3	4	5	6	
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Meals are delivered between 11am - 12:30pm

July 2020

August '20						
S	M	T	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	1 CHICKEN SALAD BABY SPINACH W/DRESS. POT. SALAD/BREADSTICK MANDARIN ORANGES VANILLA YOGURT	2 BAKED SALMON W/DILL RED POTATOES ASPARAGUS/RYE BREAD COTTAGE CHEESE PEACHES/LEMON BAR	3 SALISBURY STEAK W/ MUSHROOM/GRAVY/MASH POTATOES/GREEN BEANS W.BREAD/PEACHES CHOC. CHIP COOKIE	4 Independence Day PORK POT ROAST SWEET POTATOES GREEN BEANS JELLO POKE CAKE
5 BAKED HAM SCALLOPED POTATOES ASPARAGUS OATMEAL RAISIN COOKIE	6 BBQ RIB PATTY WHOLE GRAIN BUN PEAS/CAULIFLOWER PEACHES W/GRAHAM CRACKER TOPPING	7 LEMON PEPPER CHICKEN COOKED RED CABBAGE SCALLOPED POTATOES WHOLE WHEAT BREAD APPLESAUCE	8 BROCCOLI QUICHE BRKFST SAUSAGE LINKS ASPARAGUS/TOM. JUICE WHEAT BREAD STRAWBERRIES	9 CHICKEN CORDON BLEU CASSEROLE BROCCOLI/CARROTS PEARS OATMEAL RAISIN COOKIE	10 POLISH SAUSAGE HOT DOG BUN CALICO BEANS RED POTATOES FRUIT COCKTAIL	11 SPAGHETTI W/MEATBALLS CARROTS/PEAS GARILIC BREAD CHERRY ORCHARD BAR
12 BRAT PATTY WHEAT BUN/BAKED BEANS ASIAN CARROT SALAD APPLESAUCE	13 RANCH PORK CHOPS BAKED BEANS/CALI. BLEND WHEAT BREAD/ FRUITED APPLESAUCE CHERRY ORCHARD BAR	14 BURGUNDY TIPS W/ EGG NOODLES STEWED TOM./CAULIFLOWER BREADSTICK/BANANA JELLO POKE CAKE	15 CHICKEN & BROCCOLI CASSEROLE CARROTS/PEAS/ROLL LOWFAT VANILLA YOGURT W/STRAWBERRIES	16 SLOPPY JOE ON WHOLE WHEAT BUN AU GRATIN POTATOES BEETS PEARS	17 MEATLOAF MASHED POTATOES GREEN BEANS BROCCOLI SALAD WHEAT ROLL	18 BAKED SALMON W/DILL RED POTATOES ASPARAGUS/BREAD VANILLA YOGURT W/STRAWBERRIES
19 TACO CASSEROLE REFRIED BEANS & CHEESE CARROTS BREADSTICK MANDARIN ORANGES	20 MACARONI & CHEESE W/ HAM ASPARAGUS/CAULIFLOWER LOWFAT COTTAGE CHEESE PEACHES	21 HAMBURGER ON A WHEAT BUN CALICO BEANS BROCCOLI MANDARIN ORANGES	22 HERBED PORK LOIN SWEET POTATO/W.BREAD COOKED RED CABBAGE WATERMELON PUMPKIN BAR	23 CHICKEN PARMESAN RED POTATOES BRUSSELS SPROUTS BREADSTICK/PINEAPPLE BUTTERSCOTCH PUDDING	24 SPAGHETTI W/MEATBALLS ROMAINE SALAD W/DRESS PEAS GARLIC BREAD PEARS IN JELLO	25 GRILLED PORK CHOP AU GRATIN POTATOES BRUSSELS SPROUTS PUMPKIN BAR
26 SLOPPY JOE HAMBURGER BUN BAKED BEANS COLESLAW CHERRY ORCHARD BAR	27 CHICKEN MARSALA PEAS BEETS WHOLE WHEAT BREAD PEARS/LEMON BAR	28 SAUSAGE & GRAVY BISCUIT RED POTATOES ASPARAGUS TOMATO JUICE/APPLE CAKE	29 ITALIAN CASSEROLE ROMAINE SALAD W/DRESS PEAS & CARROTS WHEAT ROLL WARM APPLESAUCE	30 GRILLED CHICKEN BREAST AU GRATIN POTATOES SEASONED BLACK BEANS WHOLE WHEAT BREAD MANDARIN ORANGES	31 STUFFED PEPPER CASSEROLE CARROTS/BROCCOLI BREADSTICK/VANILLA YOGURT/STRAWBERRIES	
Please call the office with Meal Cancellations by 10am the DAY BEFORE DELIVERY and by 10am FRIDAY for WEEKEND Cancellations 608-362-3683					 Beloit MEALS ON WHEELS delivering more than meals 424 College Street Beloit, WI 53511	