

Meals are delivered between 11am - 12:30pm

# March 2020

February '20

|    |    |    |    |    |    |    |
|----|----|----|----|----|----|----|
| S  | M  | T  | W  | Th | F  | Sa |
|    |    |    |    |    |    | 1  |
| 2  | 3  | 4  | 5  | 6  | 7  | 8  |
| 9  | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |

April '20

|    |    |    |    |    |    |    |
|----|----|----|----|----|----|----|
| S  | M  | T  | W  | Th | F  | Sa |
|    |    |    | 1  | 2  | 3  | 4  |
| 5  | 6  | 7  | 8  | 9  | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 |    |    |

| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday   |
|---|---|--|--|---|---|--|
| <b>1</b><br>BBQ PORK SANDWICH<br>ON A WHEAT BUN<br>SCALLOPED POTATOES<br>MIXED VEGGIES<br>CHOC. CHIP COOKIE | <b>2</b><br>SAUSAGE BREAKFAST BAKE<br>BREAKFAST POTATOES<br>MINI BLUEBERRY MUFFINS<br>WARM SPICED PEARS<br>TOMATO JUICE | <b>3</b><br>MEATLOAF<br>MASHED POTATOES/GRAVY<br>BROCCOLI<br>WHOLE WHEAT BREAD<br>MANDARIN ORANGES<br>M&M COOKIE | <b>4</b><br>SLOPPY JOE<br>HAMBURGER BUN<br>BAKED BEANS<br>COLESLAW<br>WARM CHUNKY APPLESAUCE                       | <b>5</b><br>HERBED PORK LOIN<br>WINTER SQUASH<br>AU GRATIN POTATOES<br>FRUIT COCKTAIL<br>PUMPKIN PIE PUDDING                        | <b>6</b><br>BAKED PARMESAN COD<br>WAX BEANS<br>SLICED CARROTS<br>BROWN RICE<br>MANDARIN ORANGES<br>CHOCOLATE PUDDING        | <b>7</b><br>BEEF TIPS AND RICE PILAF<br>PEAS<br>DINNER ROLL<br>PEACHES<br>WARM APPLESAUCE              |
| <b>8</b><br>HAMBURGER<br>ON A WHEAT BUN<br>BAKED BEANS<br>MIXED VEGGIES<br>FRUIT COCKTAIL                   | <b>9</b><br>CHICKEN PARMESAN<br>CAULIFLOWER<br>SWEET POTATOES<br>WHOLE WHEAT BREADSTICK<br>FRUIT COCKTAIL               | <b>10</b><br>TUNA CASSEROLE<br>BROCCOLI<br>CARROTS<br>WHOLE WHEAT BREAD<br>VANILLA YOGURT<br>PINEAPPLE           | <b>11</b><br>ROAST BEEF<br>RED POTATOES<br>GREEN BEANS W/ CRAISINS<br>APPLESAUCE<br>GARLIC BREAD<br>CHOCOLATE CAKE | <b>12</b><br>BAKED CHICKEN BREAST<br>W/GRAVY & WHEAT ROLL<br>STEAMED SPINACH<br>MASHED POTATOES<br>APRICOTS<br>SNICKERDOODLE COOKIE | <b>13</b><br>MACARONI & CHEESE<br>GREEN BEANS<br>WINTER BLEND VEGGIES<br>WHEAT DINNER ROLL<br>MELON MIXTURE                 | <b>14</b><br>LASAGNA ROLLS<br>WHOLE WHEAT BREAD<br>CARROTS<br>BROCCOLI<br>CHOCOLATE PUDDING            |
| <b>15</b><br>PORK POT ROAST<br>MASHED POTATOES<br>GREEN BEANS<br>DINNER ROLL<br>LEMON PUDDING               | <b>16</b><br>SWEDISH MEATBALLS<br>NOODLES/ROLL<br>GREEN BEANS W/CRAISINS<br>SAN FRAN BLEND VEGGIES<br>FRUIT COCKTAIL    | <b>17</b><br>CORNED BEEF/CABBAGE<br>RED POTATOES<br>CARROTS<br>RYE BREAD<br>MINT BROWNIE                         | <b>18</b><br>CREAMY CHICKEN &<br>BROCCOLI/BREADSTICK<br>STEWED TOMATOES<br>MASHED POTATOES<br>APPLESAUCE           | <b>19</b><br>CHOPPED STEAK<br>SCALLOPED POTATOES<br>BAKED BEANS/ROLL<br>CARROT RAISIN SALAD<br>CHERRY BAR                           | <b>20</b><br>VEG. BLACK BEAN CHILI<br>CALI BLEND VEGGIES<br>TOSSED SALAD<br>ROLL/DICED PEACHES<br>CHOC. CHIP COOKIE         | <b>21</b><br>MEATLOAF<br>AU GRATIN POTATOES<br>CORN<br>WHEAT BREAD<br>MINT BROWNIE                     |
| <b>22</b><br>GRILLED CHICKEN BREAST<br>RED POTATOES<br>MIXED VEGGIES<br>WHEAT BREAD<br>LEMON PUDDING        | <b>23</b><br>BROCCOLI QUICHE<br>COTTAGE CHEESE<br>BREAKFAST POTATOES<br>ASPARAGUS/BREAD<br>ORANGE JUICE                 | <b>24</b><br>BAKED COD<br>STEWED TOMATOES<br>RED POTATOES<br>PEACHES<br>ROLL<br>LEMON PUDDING                    | <b>25</b><br>HOT PORK SANDWICH<br>WHEAT BUN<br>BAKED BEANS<br>GREEN BEANS<br>PINEAPPLE<br>SUGAR COOKIE             | <b>26</b><br>BEEF VEGETABLE SOUP<br>CARROTS<br>PEARS<br>CORNBREAD<br>PUMPKIN BAR  | <b>27</b><br>HEARTY VEG. LASAGNA<br>ROMAINE SALAD W/<br>ITALIAN DRESSING<br>GREEN BEANS<br>GARLIC BREAD<br>CINN. APPLESAUCE | <b>28</b><br>TUNA CASSEROLE<br>BROCCOLI<br>CARROTS<br>WHOLE WHEAT BREAD<br>VANILLA YOGURT<br>PINEAPPLE |
| <b>29</b><br>SPAGHETTI & MEATBALLS<br>GREEN BEANS<br>BEETS<br>GARLIC BREAD                                  | <b>30</b><br>SEASONED CHICKEN<br>BREAST W/GRAVY<br>WINTER SQUASH<br>BRUSSELS SPROUTS<br>DINNER ROLL<br>MANDARIN ORANGES | <b>31</b><br>BEEF STEW<br>SWEET POTATOES<br>PEAS<br>WHOLE WHEAT BREAD<br>APPLE CAKE                              |  |   |   |  |

Please call the office with Meal Cancellations  
by 10am the DAY BEFORE DELIVERY  
and by 10am FRIDAY for WEEKEND Cancellations  
608-362-3683

**Beloit**  
**MEALS WHEELS!**  
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424 College Street  
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