


# August 2019



July '19						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

September '19						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

Meals are delivered daily between 11:00am - 1pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1 ITALIAN CASSEROLE CARROTS FRENCH CUT GREEN BEANS WHEAT ROLL PEARS	2 GRILLED CHICKEN BREAST RED POTATOES BAKED BEANS WHEAT BREAD TROPICAL FRUIT BLEND	3 BEEF STROGANOFF EGG NOODLES SLICED BEETS DINNER ROLL CARROT BAR
4 ROAST TURKEY MASHED POTATOES ROLL PEAS LEMON BAR	5 BBQ PULLED PORK WHOLE WHEAT BUN BROCCOLI CAULIFLOWER APPLE CRISP	6 TUNA SALAD WHEAT ROLL POTATO SALAD CARROT RAISIN SALAD WATERMELON	7 GRILLED CHICKEN BREAST ASPARAGUS CORN WHEAT BREAD CARROT BAR	8 SALISBURY STEAK W/MUSHROOM GRAVY GARLIC MASH. POTATOES GREEN BEANS/BREAD PEACHES CHOC. CHIP COOKIE	9 TACO SALAD BLACK BEANS SHREDDED LETTUCE CORN TORTILLA CHIPS CINNAMON APPLESAUCE	10 SCRAMBLED EGGS W/ CHEESE, PEPPER, ONION HASHBROWN CASS. FRENCH TOAST STICKS W/ SYRUP, MAND. ORANGES
11 SPAGHETTI W/MEATBALLS CARROTS GREEN BEANS GARLIC BREAD FRUIT JELLO	12 BAKED SALMON W/DILL RED POTATOES ASPARAGUS RYE BREAD LEMON BAR	13 HAWAIIAN SHREDDED PORK BAKED BEANS CREAMY COLESLAW WHOLE WHEAT BUN BANANA	14 ROAST BEEF W/GRAVY MASH. POTATOES W/GRAVY MIXED VEGETABLES WHEAT BREAD BROWNIE	15 SWEDISH MEATBALLS EGG NOODLES SWEET POTATOES BRUSSEL SPROUTS APRICOTS	16 EGG SALAD SANDWICH ON WHEAT BREAD ROMAINE SALAD W/DRESS PEACHES PUMPKIN BAR	17 CHOPPED STEAK SWEET POTATOES MIXED VEGGIES DINNER ROLL PEARS
18 GRILLED PORK CHOP TWICE BAKED POTATO CASSEROLE CABBAGE BREAD/CHERRY CRISP	19 PORK STEW GREEN BEANS PEAS WHEAT BREAD CHERRY CRISP	20 BROCCOLI QUICHE BREAKFAST SAUSAGE LINKS ASPARAGUS/TOM. JUICE WHEAT BREAD STRAWBERRIES	21 TERIYAKI CHICKEN BROWN RICE ASIAN BLEND VEGETABLES OATMEAL RAISIN COOKIE	22 CHICKEN COBB SALAD COTTAGE CHEESE PEACHES WHEAT BREAD CARROT CAKE	23 SAUSAGE HOT DOG BUN CALICO BEANS RED POTATOES FRUIT COCKTAIL	24 MEATLOAF MASHED POTATOES/GRAVY BRUSSEL SPROUTS WHEAT BREAD APRICOTS
25 CHICKEN CORDON BLEU RICE PILAF CORN DINNER ROLL BROWNIE	26 BERGUNDY TIPS EGG NOODLES CARROTS/CAULIFLOWER BREADSTICK APPLESAUCE	27 WESTERN MEATLOAF MASH. POTATOES W/GRAVY BROCCOLI/ WHEAT ROLL ANGEL FOOD CAKE W/ STRAWBERRIES & TOPPING	28 CHICKEN SALAD BABY SPINACH W/ RANCH WHEAT ROLL MANDARIN ORANGES CRANAPPLE CRISP	29 SLOPPY JOE BAKED BEANS SWEET POTATOES WHEAT BUN TROPICAL FRUIT	30 RANCH PORK CHOPS W/GRAVY RED POTATOES GREEN BEANS W/CRAISINS WHEAT BREAD/BANANA	31 BBQ RIBLET WHOLE WHEAT BUN CARROTS GREEN BEANS PUMPKIN BAR
1	2	 <p><b>Please call office with Meal Cancellations by 10am the DAY BEFORE DELIVERY at 608-362-3683</b> <i>All menu items are prepared in kitchens that are not allergen-free. We cannot guarantee that food allergens will not be transferred during cross-contact.</i> <b>Menu may change without notice.</b></p> <p>424 College Street Beloit, WI 53511</p>				