

# FOOD for THOUGHT

A Quarterly Newsletter Published By Beloit Meals On Wheels, Inc.

## Meal-A-Month-For-A-Year Gift Certificates

Back by popular demand is the Meal-A-Month-For-A-Year Gift Certificates raffle for favorite local restaurants!

Raffle Tickets for MAMFAY Certificates available at the BMOV Office, and  
The Nest Egg  
816 East Grand Avenue

**\$1 each ~ 6 for \$5**

The 615 Club  
Denali's Food & Spirits  
The Liberty Inn  
La Casa Grande Restaurante  
Domenico's Italian Restaurant  
Hansen's Tavern  
The Backyard Bar & Grill  
Road Dawg Family Restaurant  
The Rock Bar & Grill  
Papa Murphy's Take 'n' Bake  
Diamond Dave's Restaurant  
Suds O'Hanahan's ~  
Koastal Kitchen  
Bagels & More  
Scotties Broaster Chicken

The Nest Egg has provided  
Various goodies in the  
MAMFAY basket!

Winning Ticket holder will  
enjoy delicious food at all of  
the above mentioned dining  
establishments.

Each gift certificate has a  
value of \$25.00!

## March For Meals Campaign Begins!

Monday, March 1<sup>st</sup> will once again kick off the annual "March For Meals" campaign, with a full day at **Culver's of Beloit**, where a percentage of the day's sales will benefit Beloit Meals on Wheels. Board members, volunteers and staff will be present throughout the day to answer questions about the program and volunteer opportunities as they deliver food and clear tables. "It has become a tradition to begin the month long campaign at Culver's", notes Marketing Chair, Kathy Stevens, "and we truly appreciate the continued support provided by Bill Lock and Jim Agate and their incredible staff!

Thursday, March 4<sup>th</sup>, will feature a special wine and cordial tasting at The Liberty Inn (1901 Liberty Avenue) from 6 - 9 p.m. Badger Spirits owner, Alice Blue conceived the idea for an intimate, elegant evening of delicious wines and cordials, to be paired with delectable food items prepared by The Liberty Inn chefs. Liberty Inn owner, Casey Singles has graciously offered the services of his staff and restaurant to make this a memorable evening. Celebrity pourers will be led by co-chair for the event, Kathy Hammerand, owner of Parkway Fashions.

This unique event will highlight wine and food pairings, as well as cordials designed to compliment desserts. Because of the generosity of both The Liberty Inn and Badger Spirits, 100 % of the ticket price of \$75 is tax deductible. Tickets may be purchased at Badger Spirits, The Liberty Inn, Beloit Meals on Wheels office, or Parkway Fashions.

Please see the calendar insert for more dining opportunities to benefit Beloit Meals On Wheels, Inc.

## Volunteers Keep The Ball Rolling!

Beloit Meals On Wheels Volunteer Recognition Open House



Thursday, April 29<sup>th</sup>, 2010



11:30 a.m. ~ 1:30 p.m.

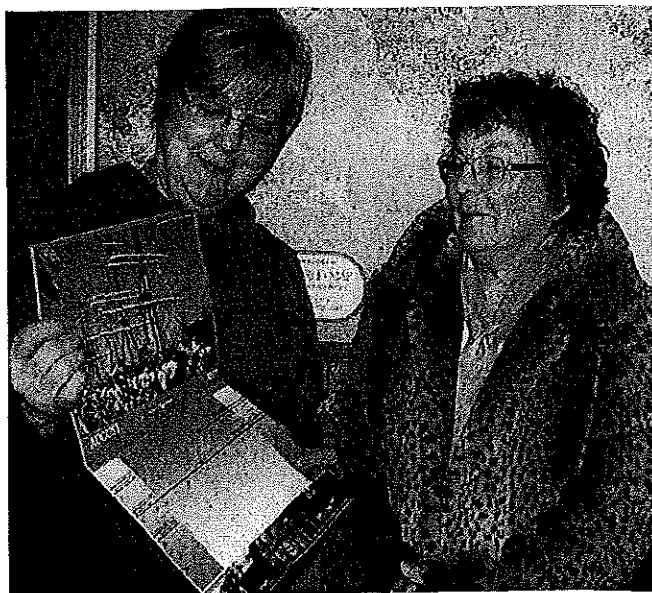


Rotary River Center

## Shamrock Sales

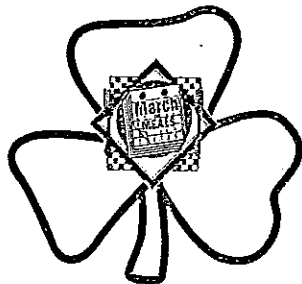
Be sure to look for the Lucky Shamrocks at one of the following merchants during our month long March For Meals campaign:

- Culver's of Beloit
- The Rock
- Papa Murphy's
- Scottie's
- Summer's Pub
- Road Dawg Pub & Family Restaurant



*Volunteer Joan Klett (r) and Volunteer Coordinator Marcia Stenberg (l) view one of the beautiful Discover Wisconsin Calendars donated as holiday gifts for BMOW clients by Joan's daughter, Stephanie Klett.*

# LUCKY



BELOIT MEALS ON WHEELS IS

TO HAVE YOUR SUPPORT!!

Name \_\_\_\_\_

For \$1, you will be able to show your support for the Beloit Meals on Wheels program, and those funds will be used to ensure that no senior goes hungry in our community.

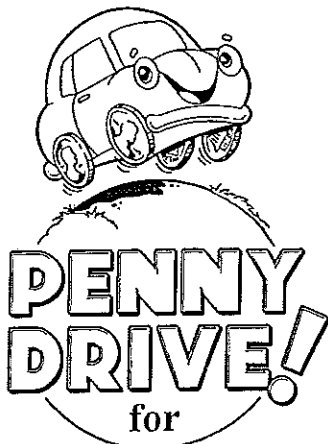
## Take The Pledge!!

### **MOWAA's Pledge: End Senior Hunger by 2020**

A groundbreaking research study found that as of 2007, there were nearly 6 million seniors facing the threat of hunger. The goal of Meals On Wheels Association of America (MOWAA) is to match that number – with 6 million people who are willing to stand up and pledge to do what it takes to end senior hunger.

The Beloit Meals On Wheels program is committed to assisting with that endeavor, and encourage our readers, volunteers and supporters to visit the Meals On Wheels Association of America website:

[www.mowaa.org](http://www.mowaa.org) to sign the pledge as either a volunteer or supporter of the program. If you visit the website, we encourage you to view the pledge video, which highlights local scenes of our March For Meals campaign of 2009! Pledge sheets will also be available at a variety of "March For Meals" events throughout the month, as well as at the Beloit Meals on Wheels office, 424 College Street.



## *Gaston Gets Ready For A Penny Drive.....*

Our hat's off to students at Gaston Elementary School in Beloit... as they gear up for a Penny Drive to raise funds for the Beloit Meals on Wheels "March For Meals" campaign.

The weeklong effort will run from March 22 to March 26!

The winning class raising the largest amount will be treated to a custard party compliments of Culver's of Beloit, with a special appearance by Scoopie!!!



*Ed Watson (l) is shown with his delivery partner, Jack Walsh (r) as they deliver a contribution check of \$2,000 from the Evening Lions Club to E.D. Marcy Berner-Reedy.*

## "Give Us This Day Our Daily Bread..."

For some members of our community, securing daily bread, or the other nutrients needed to sustain life, to maintain health or aid in recuperation is not an easy task.

Perhaps illness has made standing to prepare meals impossible, or arthritic hands find opening containers painful. Poor vision makes cooking difficult. Because shopping for groceries is physically challenging, diets are often full of sodium-laden convenience foods and fresh produce is rarely included in daily meals.

The 2010 March For Meals campaign draws attention to these nutritional insecurity issues facing many clients by raising funds to supplement meal costs as well as recruit new volunteers to continue our delivery capabilities.

We would like to thank the members of the following churches for their support of our program with their various activities:

- Atonement Lutheran Church will have the "Barbie Mobile" making its rounds amongst the pews every Sunday in March.
- Our Savior's Lutheran Church will have a Special Offering Sunday, March 14, 2010.
- St. John's Lutheran Church will have a Plate Collection Sunday, March 21<sup>st</sup>, 2010.
- *The above collections will be eligible for matching funds through Thrivent Financial.*
- River of Life Methodist Church will host special collections every Sunday in March with volunteer talks about the program featured each Sunday.

These special collections will enable us to stave off the nutritional insecurity that impacts many lives due to inability to shop or cook, or due to lack of money to buy food. Together we can ensure that no senior goes hungry in our community.

## *In Memory Of...*

Beloit Meals On Wheels has been saddened by the recent loss of two very special volunteers ~

We extend sympathy to the family of **John Minter**, who passed away November 7, 2009 at the age of 77. John and his wife Marcia were partners in delivering for more than 10 years, following his retirement from Gardner Machine.

According to Marcia, "We truly enjoyed delivering... John would drive, and I would get to see the people. We both realized what a difference this program made in helping people stay in their homes."

Memorial contributions in John's name will help this program continue to make a difference for our clients.

~~~~~  
**Ed Watson's** dedication to the Beloit Meals On Wheels program spanned more than 20 years. First recruited to join his wife delivering shortly after retirement, Ed also served the program as a member of the board of Directors for 6 years, ultimately holding the office of Board President.

His involvement with the Beloit Evening Lions Club put into action their motto "We Serve", as he delivered with long time friend and fellow Lion, Jack Walsh.

Ed's long standing service inspired his Grand daughter and Great grand daughter to begin delivering in his honor in their hometown.

Ed passed away February 11, 2010 at the age of 87. Ed's family chose Beloit Meals On Wheels as a recipient of memorials, and we are extremely honored by their selection. Ed's legacy of contributing continues even in his passing!

Beloit Meals on Wheels would like to acknowledge the dedicated volunteers from  
Kerry Ingredients & Flavours  
for their continued dedication and for always going the “extra mile”!

Pat Brogan  
Marty Anker  
Julie Bagniewski  
Tammi Dupree  
Diane Cummins  
Elizabeth Borgwardt

Jeff Barland  
Jeff Stacks  
Michele Coldren  
Sherri Haakenson  
Karen Caple  
Dawn Taber

Heather Hay  
Mary Thurman  
Tracy Schmeling  
Michele Ecker  
Kris Strandberg

Juan Qian  
Jessica Everson  
Alicia Walters  
Chris Colston  
Monica Gotomo



Beloit Meals On Wheels gratefully acknowledges  
Kerry Ingredients & Flavours for their sponsorship of this newsletter!